

Oral Sedation Instructions

Pre-Op Instructions for Patient or Responsible Companion.

- A responsible driver is needed to and from the office.
- No eating or drinking for 8 hours prior to the dental appointment.
- No coffee, tea, alcohol or nicotine 8 hours prior to appointment.
- No chance of pregnancy.
- No sensitivities to Valium, Halcion, Ativan, Sonata or Hydroxyzine.
- Do not wear contact lenses.

Post-Op Instructions for Patient or Responsible Companion.

- Take all regular or prescribed medications as outlined by Physician or Dentist.
- No alcohol for 24 hours post-surgery.
- No driving for 24 hours post-surgery.
- No Stairs. No running, exercising or lifting weights.
- No important decisions for 24 hours.
- Must have a responsible companion drive Patient home and observe recovery.

Oral conscious sedation is helpful for the dental patient. Most patients experience a less stressful appointment, and don't remember details. Time spent in the office seems to be condensed and perceived as more pleasant. Please let us know if you have any questions or concerns regarding conscious sedation and your dental care.